

WEEK AT A GLANCE

Latest news and updates from Flat Rock Middle School



LOOKING AHEAD

Monday, April 26, 2021

8:10 a.m. – 10:10 a.m. - Milestones Testing
8th Grade ELA I

Track Meet @ Whitewater HS 5pm

Tuesday, April 27, 2021

8:10 a.m. – 10:10 a.m. - Milestones Testing
8th Grade ELA II

Photo Club

Wednesday, April 28, 2021

8:10 a.m. – 10:10 a.m. - Milestones Testing
8th Grade ELA III

Thursday, April 29, 2021

8:10 a.m. – 10:10 a.m. - Milestones Testing
8th Grade Math I

Track Meet @ SCHS 5pm

Friday, April 30, 2021

8:10 a.m. – 10:10 a.m. - Milestones Testing
8th Grade Math II

Band rehearsal 3:30-4:30

Volleyball Clinic 3:30-4:30

GEORGIA MILESTONES INFORMATION

Our 8th grade students will be participating in the second week of Georgia Milestones Assessments. We have provided some quick tips and reminders for our 8th grade families.

Important information for testing days:

- Arrive promptly by 8:10 a.m.
- Students will not be allowed to enter the testing room once testing has begun, we cannot interrupt the testing environment for check-outs. Please arrange for any appointments to take place during these dates to occur after testing is completed.
- Please be aware that lunch schedules will vary daily
- Please see the test schedule [here](#) for assessment sessions each day.
- Get plenty of rest each night. Wake up early so that you do not need to rush through having breakfast and getting ready.
- Eat a nutritious breakfast each morning prior to coming to school.

VOLUNTEERS NEEDED

The PTO is seeking volunteers to help supervise students on Friday, May 7th during lunch so that our staff can enjoy lunch away from the cafeteria without students. No experience is necessary, we'll show you what to do. There are two shifts available, [sign up here](#). In order to volunteer in the school building you must have completed the Checkmate Volunteer form in advance of entering the building. [Click here](#) for that information.

Thank you for being awesome partners in this education journey. We are confident that our students will perform like the soaring Eagles that they are! If you have any questions, please feel free to contact your child's teacher or one of the school administrators

TEACHER OF THE YEAR

The Fayette County Teacher Of The Year Celebration was held April 15th, at the Duke Auditorium. We would like to celebrate and recognize our Flat Rock Teacher of the Year, **Mrs. Ashley Hare** who was featured along with the other 2021 School TOTY winners.



Leadership Word of the Month for April

DILIGENCE

To strive for excellence in everything you do.

Leadership Trait of the Week

April 19th - April 23rd

“Tenacity”

The quality of being very determined and persistent.

“Student of the Week”

Dexter Rhymes



Dexter has shown lots of growth this school year with his tenacity. When completing tasks that may be challenging, he does not give up! Dexter remains focused and strives to do his best. In order to complete a task, he is willing to get help from his teachers or his classmates. This school year, being a virtual student Dexter has faced many obstacles, but his tenacity to willingly share and receive information from his teachers and peers keeps our class lively! Congratulations Dexter!

COUNSELORS CORNER

Teen Mental Health During Quarantine

The COVID-19 pandemic has been hard on all of us, but younger people have been particularly impacted. The COVID-19 pandemic has had a profound effect on teen mental health. This guide dives into teen mental health data, tells you the warning signs to watch for, and offers solutions to help teens stay mentally healthy during quarantine.

To read the rest of the article go to:

<https://study.com/resources/teen-mental-health>

VOLLEYBALL



Attention 6th and 7th grade girls interested in VOLLEYBALL or playing Volleyball for the Eagles next year. There will be a free skill clinic this afternoon April the 23rd and next Friday April the 30th. The clinics will be from 3:30-4:30 and participants should have activewear and a water bottle.

COVID-19 WEEKLY REPORT

Fayette County Public Schools posts a weekly report each Friday to its website and social media accounts showing the number of positive cases and quarantines per school for the week. Please note that the update is a snapshot in time (not a real time report) and that positive cases and/or quarantines may be added after the report is posted. Click [here](#) to access the report.

SANDY CREEK HS ATHLETICS NEWS

Hello Future Lady Patriots and Parents!

Any 8th grade athlete and parent interested in the 21-22 season of Volleyball or Basketball is welcome to attend the SCHS “Meet and Greet with Coach Lewis, in Patriot Hall, on April 28th at 6:00. Additionally, Sandy Creek would like to announce volleyball tryouts on May 3-5 from 6:30-8:30, in the Sandy Creek gym. We are excited about the upcoming seasons and look forward to seeing you soon!

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Hey!

FRMS STAFF APPRECIATION WEEK IS

COMING UP

MAY 3RD-7TH

The PTO is seeking **gift cards or purchased item donations** to be given away to our fabulous teachers and staff during drawings held throughout Staff Appreciation Week.

This is a great opportunity to help thank our teachers and staff for stepping up during this unprecedented school year.

If you want to donate or have any questions, contact MJ Chitwood at chitwood.mj@mail.fcboe.org or Melissa Lohr at lohr.melissa@mail.fcboe.org



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CELEBRATING 25 YEARS

Fayette Master Gardener Association

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Sunday, April 25, from Noon to 6PM

\$5.00 per person per garden (available at each garden)
\$15.00 per person for all gardens
(\$20.00 on day of tour)

Flat Rock Middle School, 325 Jenkins Road, Tyrone

This garden, sponsored by FMGA, is open to anyone from **NOON to 2PM**.

At the Flat Rock Food Forest growing up is a principle and, just as we are born as seeds and are nurtured to produce fruit, the labor of love is ongoing and necessary to help honor and create experiences for the community. Learn more at: bit.ly/planting_on_purpose



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Art of Landscaping, 1120 GA-85S, Fayetteville

Town Square Jewelers, 101 Stonewall Ave E, Fayetteville

Millpond Gardens, 105 Hwy 85 Connector, Brooks

Fayette Master Gardener Association Members

At the Plant Sale and Gardens

Order online at www.fayettemga.org

UN VISTAZO DE LA SEMANA

Últimas noticias y actualizaciones de Flat Rock Middle School



PROXIMA SEMANA

Lunes, Abril 26, 2021

**Pruebas Milestones: 8vo Grado
Ingles I - 8:10 a.m. - 10:10 a.m.**

Compet de Track @Whitewater HS 5pm

Martes, Abril 27, 2021

**Pruebas Milestones: 8vo Grado
Ingles II - 8:10 a.m. - 10:10 a.m.**

Club de Fotografía

Miércoles, Abril 28, 2021

**Pruebas Milestones: 8vo Grado
Ingles III - 8:10 a.m. - 10:10 a.m.**

Jueves, Abril 29, 2021

**Pruebas Milestones: 8vo Grado
Matematicas I - 8:10 a.m. - 10:10 a.m.**

Competencia de Track @SCHS 5pm

Viernes, Abril 30, 2021

**Pruebas Milestones: 8vo Grado
Matematicas II - 8:10 a.m. - 10:10 a.m.**

Recital de Banda 3:30-4:30

Clinica de Volleyball 3:30-4:30

INFORMACIÓN SOBRE LOS GEORGIA MILESTONES

Hemos proporcionado algunos consejos y recordatorios para nuestras familias de 8vo grado, a medida que avanzamos hacia la segunda semana de las Pruebas de Georgia Milestones.

Información Importante para los días de las Pruebas:

- Las pruebas comenzarán puntualmente a las 8:10 a.m.
- No se permitirá que los estudiantes entren al salón de pruebas después que las pruebas hayan comenzado, no podemos interrumpir el entorno de pruebas para salidas de estudiantes. Haga arreglos para que cualquier cita que tenga en esas fechas se realice después de que finalicen las pruebas.
- Tenga en cuenta que los horarios del almuerzo variarán a diario
- Consulte el calendario de las pruebas [aquí](#) para conocer las sesiones que se llevarán a cabo cada día.
- Descanse lo suficiente cada noche. Levántese temprano para no tener que apresurarse al desayunar y al alistarse.
- Tome un desayuno nutritivo cada mañana antes de venir a la escuela. Evite los alimentos pesados y el azúcar; las bananas son siempre una buena opción.

Como siempre, ¡Gracias por ser parte importante de apoyo en el éxito educativo de su hijo! ¡Estamos seguros de que nuestros estudiantes se desempeñarán como las águilas que son! Si tiene alguna pregunta, no dude en comunicarse con el maestro de su hijo o con uno de los administradores de la escuela.

NECESITAMOS VOLUNTARIOS

El PTO está buscando voluntarios para ayudar a supervisar a los estudiantes el Viernes 7 de Mayo durante el almuerzo para que nuestro personal pueda disfrutar de un almuerzo fuera de la cafetería. No se necesita tener experiencia, le mostraremos qué hacer. Hay dos turnos disponibles, [Regístrese aquí](#). Para ser voluntario en el edificio de la escuela, debe haber completado primero el formulario de Voluntario Checkmate [Haga click aquí](#) para obtener esa información.

MAESTRA DEL AÑO

La Celebración del Maestro del Año del Condado de Fayette se llevó a cabo el 15 de Abril en el Auditorio de Duke. Nos gustaría reconocer y celebrar a nuestra Maestra del año de Flat Rock, la **Sra. Ashley Hare**, quien fue destacada junto con los otros ganadores de TOTY de 2021 de las escuelas.



Palabra de Liderazgo del Mes de Abril

DILIGENCIA

Luchar por la excelencia en todo lo que haces

Atributo de Liderazgo de la Semana

Abril 19 - Abril 23

“ Tenacidad”

La cualidad de ser muy decidido y perseverante.

“Estudiante de la Semana”

Dexter Rhymes



Dexter ha mostrado un gran crecimiento durante este año escolar gracias a su perseverancia. El no se rinde al completar tareas que pueden ser desafiantes! Dexter permanece concentrado y se esfuerza por hacer su mejor esfuerzo. Siempre está dispuesto a recibir ayuda de sus maestros o compañeros de clase al completar una tarea. Siendo un estudiante virtual este año escolar, Dexter ha enfrentado muchos obstáculos, pero su tenacidad para compartir y recibir información de sus maestros y compañeros de buena manera mantiene nuestra clase animada. ¡Felicitaciones Dexter!

ESPACIOS DE LOS CONSEJEROS

Salud mental de los adolescentes durante la cuarentena

La pandemia de COVID-19 ha sido difícil para todos nosotros, pero los más jóvenes se han visto particularmente afectados. La pandemia de COVID-19 ha tenido un efecto profundo en la salud mental de los adolescentes. Esta guía profundiza en los datos de salud mental de los adolescentes, le indica las señales de advertencia a las que debe estar atento y ofrece soluciones para ayudar a los adolescentes a mantenerse mentalmente sanos durante la cuarentena.

Para leer el resto del artículo, vaya a:

<https://study.com/resources/teen-mental-health>

VOLLEIBALL



Atención a las niñas de 6° y 7° grado interesadas en VOLLEIBALL o en jugar Volleiball para las Águilas el próximo año. Habrá clínicas gratuitas de habilidades los dos próximos Viernes 23 y 30 de Abril después de la escuela. Las clínicas serán de 3:30 a 4:30 y los participantes deben tener ropa deportiva y una botella de agua.

REPORTE SEMANAL DE COVID-19

Las Escuelas Públicas del Condado de Fayette publican cada Viernes un informe semanal en su sitio web y redes sociales, en donde informan el número de casos positivos y cuarentenas por escuela durante la semana. Tenga en cuenta que la actualización se hace en un instante de tiempo (no es un informe en tiempo real) y que se pueden agregar casos positivos y/o cuarentenas después de que se publique el informe. Haga click [aquí](#) para acceder al informe.

SANDY CREEK HS NOTICIAS

¡Hola, futuras damas patriotas y padres! Cualquier atleta de 8vo grado y padres interesados en la temporada 21-22 de voleibol o baloncesto son bienvenidos a asistir al “Meet and Greet with Coach with Coach Lewis” de SCHS, en Patriot Hall, el 28 de abril a las 6:00. Además, a Sandy Creek le gustaría anunciar las pruebas de voleibol del 3 al 5 de mayo de 6: 30-8: 30, en el gimnasio de Sandy Creek. ¡Estamos entusiasmados con las próximas temporadas y esperamos verte pronto!

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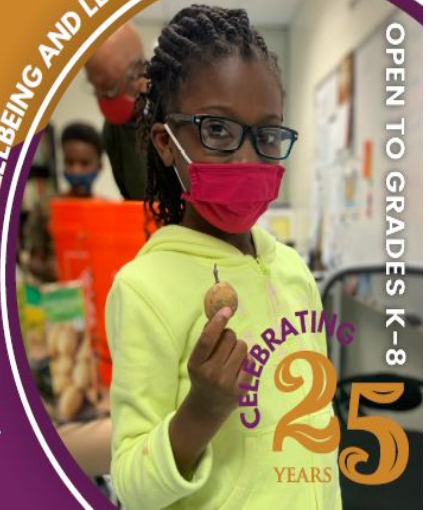
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